



# Demo Team Application

Name: \_\_\_\_\_

Rank: \_\_\_\_\_ Age: \_\_\_\_\_

Our demonstration teams are active all year, representing our school at both Villari events such as tournaments, and community events such as school fund raisers. There are several teams to allow for participation starting as a young blue belt and progressing all the way up to an elite black belt. Demo Team members will learn to refine their body control, as well as develop the teamwork necessary to put on a good show for the audience.

Students wishing to join Demo Team must complete and submit this application. After completing a Review One-on-One with Master Stephanie, students will be contacted within a week as to the team's final decision. Students who are not accepted will receive an explanation as to which areas they need to improve upon.

As a Demo Team member, you will automatically be a part of our **Mansfield Demo Team**, which combines all eligible ages and ranks. As opportunities for public demonstrations arise, we will invite Mansfield Demo Team members to join **Special Demo Teams**, based on the audience and each student's availability. To be on a Special Demo Team, you must commit to attending all required practices leading up to the demonstration event.

Please do not apply for this program if you engage in activities which will consistently conflict with your ability to maintain the expected standards. We only wish to invest our time in those who will take these responsibilities seriously and wish to develop their skill more fully in the Martial Arts. It is a privilege to represent our dojo in public, and we will hold you to the same martial arts standards and behavioral standards that we hold our highest-level instructors to.

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1. Do you consistently attend two group classes per week, with **at least** one group class being in-person? **YES NO**  
If not, what prevents you from coming to in-person class regularly?

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2. How on time are you for class?
- I almost always get to class 5-10 minutes early
  - I arrive in time to line up with the class
  - I usually come in as my class is bowing in
  - I usually arrive after the class has begun

3. Do you wear your belt and proper uniform to class? **YES NO**

4. Are you able to keep your uniform and belt on properly for the entire class? **YES NO**

**Please rate yourself in the following categories on a scale of 1 to 5.**

- 1: Deficient or lacking completely
- 2: Needs intense focus on improvement
- 3: Average for your age and rank
- 4: Strive to go above and beyond
- 5: Shows a level of black belt excellence that represents the dojo to the highest degree

*\*\*NOTE: We are not interested in you being perfect. We are interested in you being honest with your current abilities, interest level, and personal growth.*

- \_\_\_\_\_ Willingness to come to class
- \_\_\_\_\_ Demonstrates respect and self-control in the lobby before and after class
- \_\_\_\_\_ Prepared for class (uniform, belt, etc.)
- \_\_\_\_\_ Participation in all elements class
- \_\_\_\_\_ Positive, enthusiastic attitude throughout class
- \_\_\_\_\_ Show proper respect towards instructors
- \_\_\_\_\_ Show proper respect towards parents
- \_\_\_\_\_ Staying focused during class
- \_\_\_\_\_ Practicing at home
- \_\_\_\_\_ Willingness to project voice in kiai's showing martial spirit
- \_\_\_\_\_ Willingness to project voice speaking in front of the class
- \_\_\_\_\_ Commitment to achieve and maintaining Black Belt excellence
- \_\_\_\_\_ Knowledge of foundational martial arts mechanics
- \_\_\_\_\_ Ability to perform foundational martial arts mechanics at a high standard
- \_\_\_\_\_ Ability to concisely explain foundational mechanics to beginner students
- \_\_\_\_\_ Memory of lower ranking forms (1 & 2 pinan, 1 & 2 kata)
- \_\_\_\_\_ Memory of higher-ranking forms (3, 4, & 5 pinan, Statue of the Crane, and 3, 4, & 5 kata)
- \_\_\_\_\_ Memory of lower ranking combinations (white through blue stripe belt; 6-14 in rank order)
- \_\_\_\_\_ Memory of higher-ranking combinations (green-brown belt; 15-13 in rank order)

5. Most importantly, why do you think you'd be a good role model for beginner students?

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