

# Lend a Helping Hand

## YOUR MISSION

Look for a way to be helpful without being asked.

Try to find something that you wouldn't normally help with.



Some Ideas from Questor:

- Help a friend with their school work.
- Help a sibling with a game or project.
- Help a family member with a chore.
- Help your teacher pick up the classroom.



I helped my \_\_\_\_\_

This is what we did:

They were \_\_\_\_\_ when I offered to help.

They thanked me afterwards! (circle one)    Yep!    Nope.



Draw a picture of what you did between the helping hands:  
(Like a book if you helped with school work or a rake if you helped in the yard)

